

### PERSONAL CARE AIDE

Personal Care Aides assist patients with handicaps, mental impairments, or other physical limitations to manage everyday tasks, such as bathing, showering, grooming, and other personal hygiene tasks. Personal Care Aides and may be responsible for light cleaning, cooking, running errands, or laundry, or engaging in activities like reading, talking, or playing games. Personal care aides are not nurses, but may work in hospitals, nursing homes, adult daycare centers, or private residences under the supervision of a nursing staff.

### JOB REQUIREMENTS:

#### Soft Skills

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- Patient / customer orientation
- Interpersonal communication
- Critical thinking
- Social perception (comprehension, reasoning, expression)
- Reading comprehension
- Active listening
- Problem solving
- Flexibility
- Managing multiple priorities under pressure
- Effective written communication
- Accountable to stakeholders
- Timeliness and follow through
- Team player
- Technology skill for EHR and communication

#### Competencies

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- Educates patients in selfcare
- Incorporates representatives into plan of care
- Records and reports patient symptoms and outcomes
- Collects clinical data from patient (i.e. history, symptoms, physical findings)
- Provides individual therapies for cognitive or behavioral disorders
- Assesses patient response to illness
- Communicates with multidisciplinary units and shifts
- Administers Medication and Treatment
- Supervises staff and assistants as needed
- Identifies patient goals and modifies plans as needed
- Completes patient assessment, recording clinical observations
- Enforces policies in compliance with regulations

#### Industry Recognized Credentials

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- No formal credential needed for Personal Care Aide

## Education

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- High School Diploma Preferred

## Experience

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- Entry 0-2 years
- Mid 2-4 years
- Senior 5+ years